

Reign of Theodosius I (the Great)

The Romans' *mundae* - 8 days to market day - lasted till Theodosius. He formally introduced.

It (The 7 day week) had been initiated by Constantine

Baptized in 380, Theodosius rooted out Arianism and paganism. He called the 1st Council of Constantinople

393 AD.

The Olympic Games were
at 4 year intervals until about
393 AD when they were outlawed
by the Roman Emperor Theodosius